

When Disability is Making Life Difficult

There is help to make life easier

Here at Therapy Professionals our team of Physio, Speech Language, Music & Occupational Therapists and Dietitians are available to assist you to:

- become more confident and independent in daily living
- improve your health and wellbeing
- avoid injury

Since 1985 we have been working with people with disabilities and their support people to improve their lives.

If you have a learning (Intellectual) or physical disability and need assistance with independence we can help you with:



- moving around
- communicating
- being social
- cleaning, grooming and dressing yourself
- housework, cooking and shopping
- eating and drinking safely
- healthy eating
- getting out and about

Just contact us here at Therapy Professionals we can help make life easier.

If you have a Sensory Disability (incorrectly understanding and using information from your environment) we can also help you with:

- moving in a coordinated way
- writing, dressing and using cutlery
- thinking and learning better
- relating to others better
- managing sensory experiences (sound, touch, tastes and smells) better



We can help. We come to you wherever you live, work, play or learn.

Just contact Therapy Professionals

Phone: 03 377 5280 **Email:** admin@tpl.nz

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